



We are a group of parents and professionals who are in the process of setting up a unique and proactive autism team. We are collecting information via questionnaires and personal experiences from parents, guardians and carers of young people aged 16 to 25 with or without a diagnosis of ASC. With the new changes to special educational needs and health care plan we have put together a questionnaire to see what support our young people in Cumbria need.

Age	
Gender	
School (if not in education, please state)	
Siblings	
Area of residence e.g. Barrow	

1) Does your young person have a diagnosis? If so, please state (please include any additional diagnoses e.g. Epilepsy, ADHD etc.)

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2) What support does your young person currently receive out of school hours?

a) Youth group	
b) Individual support worker	
c) Clubs e.g. scouts/guides	
d) Selective sporting activities	
e) Other	
f) None	

3) Does your young person have a SEN?

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4) Does your child currently receive support? If so, in what form?

a) CAHMS worker	
b) Direct payment support worker	
c) Specialist Autism Worker	
d) Occupational Therapist	
e) Speech and Language Therapist	
f) G.P	
h) Paediatrics	
l) Respite	
j) Other (please state)	

If you would like to comment about the support you currently receive, please do so below.

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5) What hobbies does your young person enjoy?

a) Computers /gadgets	
b) Sporting activities e.g. swimming horse/riding	
c) Arts/crafts/board games	
d) Activity days	
e) Other (please state)	
f) Does not show interest in hobbies	

Comments

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6) In terms of accessing activities etc. what difficulties does your young person face?

a) Sensory needs e.g. noise/crowds/light etc.
b) Communication difficulties/social difficulties
c) High anxiety
d) Behaviour difficulties
e) Other

Comments

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7) What support services would you ideally like to see in Cumbria?

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8) What are your plans and aspirations for your young persons future?

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9) Where would you like your young person to live in the future?

a) At home	
b) Sheltered housing/supported living	
c) Residential care	
d) Other	

10) If support and training could be provided for your young person, in what areas would they need help?

a) Independence	
b) Social skills	
c) Living skills	
d) Understanding their autism	
3) Other	

We are in the process of developing 'Autus', a ASC team. Would you and your young person be interested in receiving support from us in the future?

a) Yes
b) No

Please let us know how you would like to be contacted:

Name:
Email:
Contact Number:

Thank you for your input,

The

